



About Suicide

The 2nd Leading Cause of Death Amongst Teens

For more information

www.MichaelsGivingHAND.org

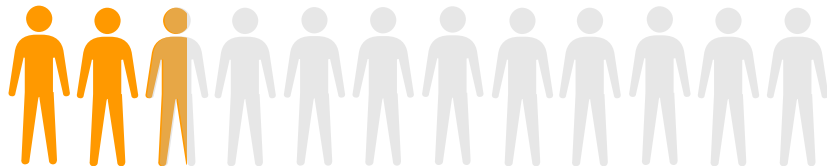
info@michaelsgivinghand.org

267.858.4291 | Philadelphia, PA

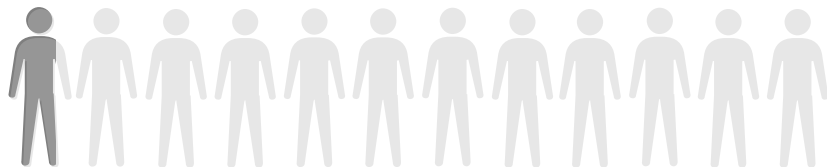




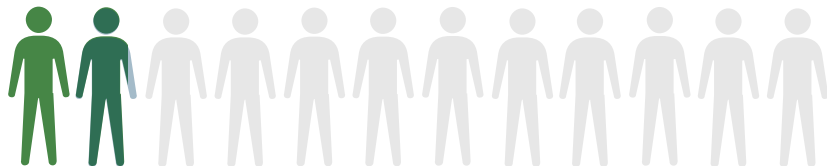
Adolescent Suicide Statistics



27.3% had suicidal thoughts



9.6% had suicidal plan



10.8% attempted suicide



leading cause of death among 10 - 14 year olds



leading cause of death among 15 - 34 year olds



Not all depressed adolescents are suicidal and vice versa but depression does increase the risk



Suicide Among Depressed High School Students



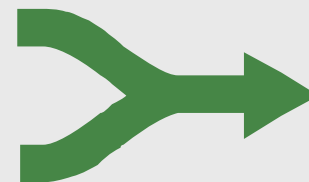
seriously considered suicide attempt



made one or more suicide attempts



were medically treated for suicide attempt



Suicide risk is highest when anxiety and depression co-occur



Friends and family are often the first to notice warning signs



Suicide Risk Factors

- **Availability of means (including firearms and prescription medicines)**
- **Depression, other mental disorders, or substance use disorders**
- **Prior suicide attempt**
- **Family history of mental disorder or substance use disorder**
- **Family history of suicide**
- **History of physical or sexual abuse**
- **LGBTQ youth**
- **Exposure to suicide**
- **Interpersonal conflict / lack of social connectedness**
- **Bullying**



Three Ways to Contact the National Suicide Prevention Lifeline



Phone

National Suicide Prevention Lifeline: 1-800-273-8255



Live Chat

Life Line Crisis Chat: www.crisischat.org



Text

Crisis Text Line: Text "Start" to 741-741